

## Detecting Your Immunity to Valley Fever

This information does not take the place of speaking with your health care provider. More information about SPHERUSOL, including the full Prescribing Information, can be obtained at [www.nielsenbiosciences.com](http://www.nielsenbiosciences.com) or by calling toll-free 1-855-855-1212.

### Detecting an immune response

The immune response is how your body recognizes and defends itself against organisms that can cause diseases like Valley Fever.

SPHERUSOL is a skin test performed if your doctor has determined you have a history of Valley Fever (pulmonary coccidioidomycosis). The purpose of the test is to see if you have developed an immune response to the fungus (*Coccidioides*) that causes Valley Fever.

- A positive SPHERUSOL skin test means that your body has produced an immune response due to a current or past Valley Fever infection.
- Not all people who have or have had a Valley Fever infection will develop a positive skin test. This may be because:
  - The Valley Fever infection is early
  - The Valley Fever infection is severe
  - Other infections or conditions interfere with the immune response
  - Certain drugs that affect the immune system can interfere with the immune response
- SPHERUSOL is approved for use in patients 18 to 64 years of age.

### Important safety information

- If you are positive, you can expect a small area of swelling typically the size of a dime or a quarter over about 1-2 days. You should contact your health care provider if you experience severe pain, rapid or larger swelling at the site.
- You should seek immediate medical attention if you experience the following signs that may be a serious or life-threatening condition:
  - Difficulty breathing
  - Hives or rash
  - Wheezing
  - Itching over major areas of your body
- Your health care provider should keep you under observation for at least 20 minutes after you receive SPHERUSOL to see if you develop signs of a severe allergic reaction.
- You should not receive SPHERUSOL if you have had a severe allergic reaction (anaphylaxis) to SPHERUSOL or the ingredients in SPHERUSOL such as the preservative phenol or very low levels of thimerosal.
- You should tell your health care provider if you are taking drugs known as beta blockers as they might interfere with treatments for severe reactions.

Please see full Prescribing Information.

**Spheru.sol**<sup>®</sup>  
(*Coccidioides immitis*)  
Spherule-Derived Skin Test Antigen

## Important safety information, continued

- You should tell your health care provider if you have a condition or you are taking drugs that affect your immune system.
- Most of the patients in clinical studies experienced some effects at the site including: itching, swelling, and/or pain within 7 days of the test.

## How the test works

- Once SPHERUSOL is in the skin, your body's immune system recognizes SPHERUSOL as being like the fungus that causes Valley Fever.
- If you have been infected with Valley Fever before or currently, your immune response will cause a raised, firm area or bump that may be surrounded by redness at the site within 2 days.
- You need to be sure to return to have the test examined in 2 days.

## How the test is given

- A small amount of SPHERUSOL is injected into the top layer of your skin, much like the skin test for tuberculosis or like some allergy tests.
- After the test, it is normal for your health care provider to ask you to stay for at least 20 minutes for observation. This practice is to make sure you don't have any immediate allergic symptoms to the test.

## Important rules to remember

- Do not scratch or itch the test site.
- Do not cover the test site with a bandage or wrapping.
- Call your health care provider if you have any questions or concerns about any signs or symptoms you experience after receiving SPHERUSOL.

## How the test is read

- Your health care provider will examine you 48 hours (2 days) after your test to see if you have developed a raised, firm area or bump on your skin of a certain size. **Be sure to schedule a return visit to your health care provider so this examination can occur.**
- You should not measure the test on your own.
- If a measurement of 5 millimeters is obtained (about the size of Lincoln's head on a penny), it means you have tested positive. In studies using SPHERUSOL, a positive response was typically the size of a dime (17 mm), though larger sizes were seen (up to 39 mm or about 1½ inches).

## What to expect after the test

- Some redness is likely to occur and to remain for a few days.
- If you develop a bump, it should get smaller and go away within about 7 days.
- Contact your health care provider if the redness and/or the bump are still visible longer than 7 days after your test.

Please see full Prescribing Information.



## HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use Spherusol® safely and effectively. See full prescribing information for Spherusol®.

*Coccidioides immitis* Spherule-Derived Skin Test Antigen – Spherusol®

Solution for Intradermal Injection

Nielsen BioSciences, Inc. U.S. Lic. No. 1903

Mfd. by Allermed Laboratories, Inc. U.S. Lic. No. 0467

Initial U.S. Approval: July 2011

### WARNING

See full prescribing information for complete boxed warning.

- The expected response to Spherusol® is a local area of inflammation at the site of the skin test. The reaction is usually dime to quarter size reaching maximum diameter between 24 and 48 hours. Larger accelerated reactions can occur, which may require treatment with local cold compresses and anti-inflammatory medication. (2.3, 6.1)
- Systemic reactions can occur with skin test antigens and in certain individuals these reactions may be life-threatening or cause death. Emergency measures and personnel trained in their use should be immediately available. Patients should be observed for at least 20 minutes following the administration of a skin test. (6.2)
- Spherusol® should never be given intravenously. (5)
- To report SUSPECTED ADVERSE REACTIONS contact Nielsen BioSciences, Inc. at (855) 855-1212 or to MEDWATCH, Food and Drug Administration, 5600 Fishers Lane, Rockville, MD 20852, Telephone: (800) 332-1088 or www.vaers.hhs.gov. (6.2)

### RECENT MAJOR CHANGES

#### INDICATIONS AND USAGE

Spherusol® is a skin test antigen indicated for the detection of delayed-type hypersensitivity to *Coccidioides immitis* in individuals with a history of pulmonary coccidioidomycosis. Spherusol® is approved for use in individuals 18-64 years of age.

- The use of Spherusol® to detect delayed-type hypersensitivity response in a general population with unknown exposure to *C. immitis* has not been evaluated.
- Persons with acute or disseminated coccidioidomycosis may not develop a delayed-type hypersensitivity response to Spherusol®.
- Persons with immunodeficiency and a history of coccidioidomycosis may not develop a delayed-type hypersensitivity response to Spherusol®. (1)

### DOSAGE AND ADMINISTRATION

- A single 0.1 mL intradermal injection. Induration at injection site to be evaluated 48 hours after administration. (2.1, 2.3)

### DOSAGE FORMS AND STRENGTHS

- Multi-dose vial (1 mL) containing a solution of spherule-derived *C. immitis* antigen, 1.27 mcg per 0.1 mL. (3)

### CONTRAINDICATIONS

- Severe allergic reaction (e.g., anaphylaxis) to Spherusol®, or any component of Spherusol® or other coccidioidin products. (4)

### WARNINGS AND PRECAUTIONS

- Acute hypersensitivity reactions and anaphylaxis have occurred following the administration of other skin test antigens and may occur in individuals following the administration of Spherusol®. (5.1)
- Patients receiving beta-blocking drugs may be refractive to the usual dose of epinephrine in cases of hypersensitivity. (5.2)
- Any condition or agent that impairs or attenuates delayed-type hypersensitivity reactions, including infections and use of immunosuppressive drugs, can potentially cause a false negative reaction to Spherusol®. (5.3)

### ADVERSE REACTIONS

- The most commonly reported local adverse reactions were itching and swelling (>75%) and pain (>15%) within 7 days of administration. (6.1)
- To report SUSPECTED ADVERSE REACTIONS contact Nielsen BioSciences, Inc. at (855) 855-1212 or to MEDWATCH, Food and Drug Administration, 5600 Fishers Lane, Rockville, MD 20852-9782. Telephone: (800) 332-1088 or www.vaers.hhs.gov.

### DRUG INTERACTIONS

- Corticosteroids and immunosuppressive agents may suppress the response to the skin test. (7.1)

### USE IN SPECIFIC POPULATIONS

- The safety and effectiveness of Spherusol® in pregnant and nursing women have not been established. (8.1, 8.3)

See section 17 for PATIENT COUNSELING INFORMATION

Revised: June 2013

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## FULL PRESCRIBING INFORMATION:

### WARNING

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- Systemic reactions can occur with skin test antigens and in certain individuals these reactions may be life-threatening or cause death. Emergency measures and personnel trained in their use should be immediately available. Patients should be observed for at least 20 minutes following the administration of a skin test. (6.2)
- Spherusol<sup>®</sup> should never be given intravenously. (5)
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## 1 INDICATIONS AND USAGE

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- Persons with acute or disseminated coccidioidomycosis may not develop a delayed-type hypersensitivity response to Spherusol<sup>®</sup>.
- Persons with immunodeficiency and a history of coccidioidomycosis may not develop a delayed-type hypersensitivity response to Spherusol<sup>®</sup>.

## 2 DOSAGE AND ADMINISTRATION

### 2.1 Preparation for Administration

Spherusol<sup>®</sup> is a clear, colorless sterile solution for intradermal administration.

Parenteral drug products should be inspected visually for particulate matter and discoloration prior to administration, whenever solution and container permit. If any of these conditions exists, the skin test antigen should not be administered.

### 2.2 Administration

Spherusol<sup>®</sup> is administered as a 0.1 mL dose by intradermal injection to the volar surface of the forearm using a tuberculin syringe (0.5 or 1.0 mL) and a ½ inch 26-27 gauge needle. The needle should be inserted bevel side up in the skin at a 15-20 degree angle. Intradermal injection of 0.1 mL Spherusol<sup>®</sup> will result in a bleb 5-10 mm in diameter at the injection site.

### 2.3 Skin Test Assessment

The injection site should be assessed for induration at 48 hours (±4 hours) following administration. The response to the skin test should be measured by taking the mean of the orthogonal diameters of the area of induration. A mean induration of ≥ 5 mm is considered a positive delayed-type hypersensitivity response to Spherusol<sup>®</sup>.

Repeat administration of Spherusol<sup>®</sup> has not been evaluated.

## 3 DOSAGE FORMS AND STRENGTHS

Spherusol<sup>®</sup> is a solution for intradermal injection supplied in a 1 mL multi-dose vial. Each 0.1 mL dose contains 1.27 mcg of spherule-derived *Coccidioides immitis* antigen.

## 4 CONTRAINDICATIONS

A severe allergic reaction (e.g., anaphylaxis) to Spherusol<sup>®</sup>, or any component of Spherusol<sup>®</sup> or other coccidioidin products is a contraindication to administration.

## 5 WARNINGS AND PRECAUTIONS

### 5.1 Prevention and Management of Acute Hypersensitivity Reactions

Prior to administration, the healthcare provider should review the medical history for possible skin test sensitivity and previous skin test related adverse reactions to assess the risks and benefits. Immediate hypersensitivity, to include severe systemic reactions, may occur following administration of skin test antigens. Medications and equipment to manage possible anaphylactic reactions should be available for immediate use. Patients should

be observed for a minimum of 30 minutes following administration to assess for adverse reactions.

### 5.2 Patients on Beta Blockers

Patients receiving beta blockers may be unresponsive to the usual doses of epinephrine used to treat serious systemic reactions, including anaphylaxis.

### 5.3 Immunosuppression

Any condition or agent that impairs or attenuates delayed-type hypersensitivity reactions, including infections and use of immunosuppressive drugs, can potentially cause a false negative reaction to Spherusol<sup>®</sup>. [see Drug Interactions (7.1)].

## 6 ADVERSE REACTIONS

### 6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a skin test antigen cannot be directly compared to rates in the clinical trials of another skin test antigen, and may not reflect the rates observed in practice. As with any skin test antigen, there is the possibility that broad use of Spherusol<sup>®</sup> could reveal adverse reactions not observed in clinical trials.

In a double-blinded placebo-controlled clinical trial conducted in areas of the U.S. endemic for *C. immitis* (Bakersfield, CA and Tucson, AZ), 54 adults (23-64 years of age) with a history of pulmonary coccidioidomycosis of at least 45 days duration, diagnosed by clinical findings, radiography and serological and/or mycological evidence of the disease, received a single dose of Spherusol<sup>®</sup> concomitantly with two licensed skin test extracts (Candin<sup>®</sup> and Trichophyton) and two controls (product diluent [thimerosal <0.0001%] and saline). Each intradermal injection of 0.1 mL of reagent was given at pre-determined sites on the right and left forearms. Solicited local adverse reactions and systemic adverse events occurring within 7 days after injection were recorded by study subjects via diary card. These events were also recorded on case report forms (CRFs) by study personnel during clinical visits 48 hours and 7 days following injections. Diary cards and CRFs did not record solicited local reactions by specific site. Local adverse reactions and systemic adverse events that occurred within 7 days were monitored until resolution. Reports of unsolicited adverse events and serious adverse events that occurred within 7 days after administration were collected on the diary cards or reported at study visits.

Table 1 lists the percentage of subjects reporting solicited local reactions (at any site) and solicited systemic adverse events within 7 days following the administration of Spherusol<sup>®</sup>, Candin<sup>®</sup>, Trichophyton, diluent control and placebo control.

**Table 1: Frequency of Solicited Local Reactions and Systemic Adverse Events within 7 days of Administration of Spherusol<sup>®</sup>, Candin<sup>®</sup>, Trichophyton, Diluent Control and Saline Control in Subjects with a History of Pulmonary Coccidioidomycosis (N=53)**

Symptom	Frequency (%)			
	Any	Mild	Moderate	Severe
<b>Local*</b>				
Itching	85	36	47	2
Swelling	79	36	41	2
Pain	17	13	4	0
Necrosis/Ulceration	4	2	0	2
<b>Systemic</b>				
Increased heart rate	4	2	2	0
Weakness	6	2	4	0
Faintness	0	0	0	0
Dizziness	2	2	0	0
Nausea/cramps	2	2	0	0
Flu-like symptoms	7	2	6	0
Difficulty breathing/shortness of breath	0	0	0	0

**Any**=Percentage of subjects experiencing adverse event of any intensity;

**Mild**=Barely noticeable, not bothersome;

**Moderate**=Distinctly noticeable discomfort; **Severe**= Needs medical attention.

\*Local reactions occurring at any injection site

Of subjects with severe reactions, one subject required treatment with oral corticosteroids for ulceration and swelling. Based on investigator's determination the reaction was at the site of Trichophyton injection. All severe reactions resolved without sequelae.

During the 7 days following administration two subjects reported unsolicited adverse events: one subject reported joint pain, fatigue, cough, sensitivity at a test site (test site not specified), and one subject with erythema immediately after administration (test site not specified). The intensities of these unsolicited adverse events were not recorded.

No serious adverse events or deaths were reported during the clinical study.

**6.2 To report SUSPECTED ADVERSE REACTIONS**  
contact Nielsen BioSciences, Inc. at (855) 855-1212 or FDA at (800) 332-1088 or [www.vaers.hhs.gov](http://www.vaers.hhs.gov).

## 7 DRUG INTERACTIONS

### 7.1 Corticosteroids and Immunosuppressives

Corticosteroids and immunosuppressive agents may suppress the response to the skin test. Pharmacologic doses of corticosteroids may suppress the response to skin test antigens after two weeks of therapy. The mechanism of suppression is thought to involve a decrease in monocytes and lymphocytes, particularly T-cells. The normal DTH response usually returns to pre-treatment levels within several weeks after steroid therapy is discontinued.<sup>(5)</sup> The use of Spherusol<sup>®</sup> has not been evaluated during or following the use of corticosteroids or immunosuppressive agents.

### 7.2 Antifungal medications

It is not known if concurrent treatment with antifungal medications interferes with delayed-type hypersensitivity responses to Spherusol<sup>®</sup> in patients with a history of pulmonary coccidioidomycosis.

## 8 USE IN SPECIFIC POPULATIONS

### 8.1 Pregnancy

The safety and effectiveness of Spherusol<sup>®</sup> in pregnant women have not been established.

Pregnancy Category C

Animal reproduction studies have not been conducted with Spherusol<sup>®</sup>. It is also not known whether Spherusol<sup>®</sup> can cause fetal harm when administered to a pregnant woman or affect reproduction capacity. Spherusol<sup>®</sup> should be given to a pregnant woman only if clearly needed.

### 8.2 Labor and Delivery

No information is available to assess the effects of Spherusol<sup>®</sup> on childbirth.

### 8.3 Nursing Mothers

The safety and effectiveness of Spherusol<sup>®</sup> in nursing women have not been established.

It is not known whether Spherusol<sup>®</sup> is excreted in human milk. However, because the potential exists for Spherusol<sup>®</sup> to be excreted in human milk, caution should be exercised when administering Spherusol<sup>®</sup> to a nursing woman.

### 8.4 Pediatric Use

The safety and effectiveness of Spherusol<sup>®</sup> in the pediatric population have not been established.

### 8.5 Geriatric Use

The safety and effectiveness of Spherusol<sup>®</sup> have not been established in individuals > 65 years of age.

## 11 DESCRIPTION

Spherusol<sup>®</sup> is a sterile aqueous solution of extracts of *C. immitis* spherules. The multi-dose vial contains 0.9% sodium chloride and 0.014% sodium borate with 0.4% phenol as a preservative. Residual thimerosal from the manufacturing process is present at a concentration of  $\leq 0.0001\%$  (<0.05 mcg mercury/0.1 mL dose). Each 0.1 mL dose contains 1.27 mcg of spherule-derived antigen.

The potency of each lot of Spherusol<sup>®</sup> is determined in sensitized guinea pigs.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

In individuals with a history of pulmonary coccidioidomycosis Spherusol<sup>®</sup> is thought to elicit a cellular immune reaction to *C. immitis*, as evidenced by a delayed-type hypersensitivity (DTH) response to Coccidioidin<sup>(1, 2, 3, 4)</sup>. The general mechanism of the DTH response is based on the interaction of antigen with CD<sub>4</sub> and CD<sub>8</sub> lymphocytes followed by the secretion of interleukins and other lymphokines from macrophage cells. The release of effector molecules causes endothelial cells lining the blood vessels to become permeable and allows fibrinogen to escape into the surrounding tissue where it is converted to fibrin. The deposition of fibrin and the accumulation of T-cells and monocytes within the extracellular spaces cause the tissue to swell and become indurated. This process is usually detectable in 18 hours and peaks at 48 hours.<sup>(5)</sup>

## 14 CLINICAL STUDIES

The delayed-type hypersensitivity response following administration of Spherusol<sup>®</sup> was evaluated in one U.S. study which enrolled persons with a history of coccidioidomycosis. Two further U.S. studies enrolled subjects without a history of coccidioidomycosis; in one of these studies subjects had a history of histoplasmosis. In each study, concomitant with Spherusol<sup>®</sup>, two additional skin test extracts, Candin<sup>®</sup> and Trichophyton (positive controls), were administered along with a saline (negative control) and a diluent containing  $\leq 0.0001\%$  thimerosal (negative control). All skin tests and controls were administered as 0.1 mL doses in a randomized pattern on the volar surface of the forearms. Investigators and subjects were blinded to identity and placement of skin test antigens and controls. Responses were read at 48 hours ( $\pm 4$  hours) following administration. Induration responses were measured for each test site and recorded as the mean of the orthogonal diameters. A positive skin test was defined as a mean induration of  $\geq 5$  mm at 48 hours following administration of the antigens or controls. For each subject Spherusol<sup>®</sup> skin test results were considered valid if  $\geq 5$  mm was observed at the positive control antigen sites and no induration  $\geq 5$  mm was observed at the negative control sites.

The use of Spherusol<sup>®</sup> to detect delayed-type hypersensitivity response in a general population with unknown exposure to *C. immitis* has not been evaluated.

### 14.1 Induration Response in Subjects with a History of Pulmonary Coccidioidomycosis

A multicenter, double-blinded study in endemic areas (Bakersfield, CA and Tucson, AZ) enrolled 54 adults with a history of pulmonary coccidioidomycosis diagnosed by radiography, laboratory serologies (e.g., complement fixation, immunodiffusion) and/or culture. Subjects were 23-64 years of age; 28% women; 70% Caucasian, 11% Hispanic, 2% Asian, 2% Native American and 4% who did not specify race or ethnicity. Of the 51 subjects with valid skin test results, 50 subjects [98.0%; 2-sided 95% CI (89.6%, 100%)] had a mean induration of  $\geq 5$  mm at the Spherusol<sup>®</sup> injection site. Among subjects with valid skin test results the average size of induration at the Spherusol<sup>®</sup> injection site was 17 mm (range 5 mm-39 mm).

The receipt of concurrent or previous antifungal therapy did not appear to interfere with or accentuate the induration response to Spherusol<sup>®</sup>.

### 14.2 Induration Response in Subjects without a History of Pulmonary Coccidioidomycosis or Known Exposure to *C. immitis*

A single site, double-blind study conducted in a non-endemic area for *C. immitis* (Spokane, WA) enrolled 60 adult subjects (18-56 years of age) with no known exposure to *C. immitis* by travel to or residency in an endemic area. Subjects had negative serologies to *C. immitis* by complement fixation, immunodiffusion and/or ELISA. Subjects enrolled in the study were 65% women; 96% Caucasian, 2% Hispanic and 2% Native American. At the 48 hour ( $\pm 4$  hours) assessment, a total of 55 subjects had valid skin test results (5 subjects had negative skin test results to all reagents and were considered uninterpretable). One subject (1/55) had a 5 mm mean induration response to Spherusol<sup>®</sup> and 54 subjects with demonstrated negative responses (< 5 mm mean induration) to Spherusol<sup>®</sup>. Fifty-four of the 55 subjects with valid skin test responses [98.2%; 2-sided 95% CI (90.3%, > 99.9%)] demonstrated a negative induration response to Spherusol<sup>®</sup>. When the five subjects who had uninterpretable responses were analyzed as if these responses represented positive reactions to Spherusol<sup>®</sup>, 54 of 60 subjects 90.0% (CI 79.5%, 96.2%) demonstrated a negative induration response.

### 14.3 Induration Response in Subjects With a History of Pulmonary Histoplasmosis

A single site, double-blind study conducted in a non-endemic area for *C. immitis*, but endemic for *H. capsulatum* (Blair, NE) enrolled 12 adult subjects (33 to 60 years of age) with no known exposure to *C. immitis* by travel to or residency in an endemic area. All subjects had a history of pulmonary Histoplasmosis. Subjects had negative serologies to *C. immitis* by complement fixation, immunodiffusion and/or ELISA. Subjects were 42% women and 100% Caucasian. At the 48 hour ( $\pm 4$  hours) assessment, all 12 subjects reacted to at least one of the positive controls with  $\geq 5$ mm mean induration and demonstrated negative (< 5mm) induration responses to thimerosal and saline controls. No positive induration responses to Spherusol<sup>®</sup> were observed [1-sided 97.5% CI; (0%, 26.5%)] among subjects who had a previous history of disease caused by *H. capsulatum* and no history of travel to areas endemic for *C. immitis*. These findings support the lack of cross-reaction between the cellular immune responses induced by the two fungal species.

## 15 REFERENCES

1. Edwards, PQ and Palmer CE. (1957) Prevalence of sensitivity to coccidioidin, with special reference to specific and nonspecific reactions to coccidioidin. *Dis Chest.* 31:35. 35-60, 1957.
2. Emmons, C.W., Binford, C. H., Ulz, J.P. Kwon-Chung, K.J. *Medical Mycology*, Leanne Febiger, Philadelphia, Chapter 17, 230, 1977.
3. Emmons CW and Olson BJ. (1945) Studies of the role of fungi in pulmonary disease. I. Cross-reactions with histoplasmin. *Pub Health Rep.* 60(47):1383.
4. Levine HB, Restrepon A, Eyck DR, and Stevens DA. (1975) Spherulin and coccidioidin: cross-reactions in dermal sensitivity to histoplasmin and paracoccidioidin. *Am J Epidemiol.* 101(6):512.
5. Zweiman, B. *Cell-mediated immunity in health and disease. Allergy Principles and Practices*, Mosby, Saint Louis, Chapter 50: 696, 1998.

## 16 HOW SUPPLIED/STORAGE AND HANDLING

Spherusol<sup>®</sup> is available in 1 mL multi-dose vial.

NDC 59584-140-01: multi-dose vial.

Store refrigerated at 2° to 8°C (35° to 46°F). Do not freeze. Discard if frozen.

Do not use after expiration date.

## 17 PATIENT COUNSELING INFORMATION

Patients should be:

- Informed of the potential benefits and risks of skin testing with Spherusol<sup>®</sup>.
- Instructed to report any adverse events to their healthcare provider.